



YOU & I CARE
To us it's a calling



***The Caring Source Of Care
In Your Own Home***

**www.youandicare.co.uk
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ABOUT US

You & I Care, The Caring source of care in your own home. We are an award-winning home care provider that offers affordable solutions for adults and the elderly throughout the community, who prefer to stay at home where their quality of life is enhanced without the stress of hardships and interruption or changes in daily routines.

Our part-time, full-time and all around the clock service alternatives are designed for people who choose to continue living at home. These services may include companionship, meal preparation, medication, reminders, home help services, and any other services as required. Sometimes more than companionship is needed to maintain independence at home and we provide this, bearing in mind the many obstacles family and friends encounter in finding a suitable and trusted source of care for their parents, relatives and friends.

Our Company History

You & I Care Ltd is an award-winning home care provider, run and managed by a Carer who dreamt of becoming an outstanding care provider from her first day at work as a Carer.

“I remember from my early days at work when I asked an elderly lady about how it felt to be old, and this was the answer in her own words, ‘having a young mind with a failing body’”, reminisces Ms. Lausa Biragi, You & I Care’s founder. “Throughout my career as a Carer I have appreciated how frustrating it can be to rely on someone else for the things that you could do yourself in the past. I have dreamt of a service that would become a compatible extension of You and I’s bodies at one point in our lives,” she adds.

Essentially, You & I Care’s story is one of clear realisation that it’s frustrating for one to at some point in life be unable to do the things they used to do and the need for not only filling this void but also creating a compatible extension of our (YOU AND I) bodies at some point in life as the guiding philosophy.

Our Mission

Our mission is to contribute to the changing face of ageing by replacing the fear of getting old with hope and promise; loneliness and isolation with companionship and providing care in one’s home.

Our Promise

Our promise is to always care.

Our Values

- Caring
- Compassion
- Improvement

Our Support Process

- Verify that we can meet the Service User's needs at home.
- Determine that the Service User's home location is within the geographic area we service.
- Ensure there are adequate physical facilities available in the Service User's home to enable staff to provide safe and effective care.
- Confirm that we have adequate and suitable staff members and other resources available to provide the services required.
- Confirm that the Service User and Service User's family are receptive to services, pricing and understand all insurance, government or private pay options.
- Obtain consent from the Service User to be cared for at home.
- Match the Service User with a fully trained and qualified member of our team.
- Begin provision of care to the Service User.

OUR CARE PROCESS



Needs Assessment

We Carry out an assessment to best understand your needs



Care Plan

We develop your care plan, entailing all that we need to do



OUR SERVICES

Companionship

Whether you live across the country or across the street from your ageing family members, it helps to know they have someone nearby if they need support. Sometimes the right home care for your loved one is just having a friendly, compassionate companion who visits regularly to sit, chat, and reminisce.

Personal Care

Our Carers can provide support with personal hygiene and day-to-day routines. We have a wide range of personal care packages designed to help you or your loved one with daily activities in the confines of your home. These packages include washing, helping with pre-poured medicines, incontinence care, personal hygiene, nail care, hair washing, picking out coordinated outfits, and help getting dressed or applying makeup. The Carer will take your best interests at heart.

Home Help Services

It is important that your ageing loved one lives in a clean home so that they enjoy greater feelings of wellbeing and good health. For example, keeping refrigerators and cupboards free of expired or spoiled foods can avert food-borne illnesses. Also, to avoid fire hazards, stoves, toasters, ovens and other appliances must be regularly cleaned to avoid a build-up of grease, oils or crumbs. You & I Care's home help service can literally be a lifesaver as we make it possible for your ageing loved one to enjoy the peace of mind that comes with a clean and uncluttered home while leaving all the work to us.

Palliative Care

Palliative care is an interdisciplinary form of care aimed at improving the quality of life of patients and their families, who are facing problems associated with life-threatening illness. You & I Care provides palliative care as part of a comprehensive supportive care framework defined by the National Institute for Clinical Excellence (NICE), enabling the patient and their family to cope with their condition and treatment of it right from pre-diagnosis, through the process of diagnosis and treatment, to cure, continuing illness or death and into bereavement.

Wake-in Care or Sleep-in Care

Wake-in night care is a form of home care where a Carer remains awake all night to cover any Care needs that might arise, while sleep-in care is a form of home care where a Carer sleeps in your home and is on hand to offer any support when required. Wake-in care is suitable for people with a regular need for support overnight while sleep-in care is suitable for people who don't require regular support overnight. You & I Care provides wake-in and sleep-in care on ongoing basis, or sometimes as a form of respite care which may be required for a short duration.

Live-in Care

You & I Care provides a carefully selected, vetted, and trained Carer to live with you at home. Similarly, we also provide live-in care when a Service User needs temporary support through a period of convalescence or recuperation when returning from hospital. Here, a Carer provides a 24/7 bespoke care service, supporting you to remain independent in the comfort of your own home.

Respite Care

From time to time friends and family might need relief from supporting their loved ones. Respite care is a form of home care that provides short-term relief for primary caregivers. You & I Care's respite care services can give Carers relief from the emotional and physical demands of caring for a friend or family member, and provide an opportunity to participate in community activities. This can be arranged or emergency temporary care can be provided for just a short period of time for example an afternoon or evening, or for several days or weeks.

Dementia Care

Living with dementia can cause increasing care and support needs. This requires a dependable care provider to help with these needs. You & I Care provides dependable home care and support for individuals and families who need this support. By providing dementia care at home, we ensure that our Service Users maintain a familiar and reassuring environment. Our experienced Carers can support Service Users affected by dementia with various daily tasks and we are fully committed to providing support and resources to our Service Users and their families to support them understand this process and access the services they need to continue living the best possible quality of life.

WHY CHOOSE YOU & I CARE

You & I Care has demonstrated experience in the provision of high quality and reliable home care services, with a team of compassionate carers whose commitment and attention to detail is reflected in the reviews we get. By choosing You & I Care, you guarantee that your loved one will have the best quality care and that they will be treated with dignity at all times.



Award-Winning Care:

You & I Care won the 2019 top 20 Home Care Provider Award for East of England. The home care.co.uk Top 20 Home Care Awards 2019 highlighted the most recommended Home Care Providers in each region of the United Kingdom and the Top 20 Home Care Groups in the UK.



Reviewed and Recommended by Service Users:

You & I Care solicits and gets feedback from Service Users and their loved ones. Our services, therefore, are reviewed and recommended by Service Users and their loved ones on homecare.co.uk.



CQC Rated Good:

You & I Care is inspected and rated GOOD by the Care Quality Commission in all of the company's Locations in Brentwood, Chelmsford and Surrey.

Compassionate, Loving and Caring Team:

You & I Care maintains a growing team of well trained and highly skilled Carers. Our Carers are well equipped to provide excellent care to our Service Users. While ensuring diversity in our team, we have continued to encourage young people to become Carers, making them aware of what a rewarding experience it is, and one that promises career growth and progression.

RECRUITMENT: JOIN OUR TEAM!

At You & I Care, we value compassion above all because it drives every aspect of our work. We are passionate about care and satisfying our Service Users' needs in a happy working environment. As a Carer working with You & I Care, you will share our core values of caring, compassion and improvement. We understand that each Carer offers more than the service alone and that relationships between Carers and Service Users should be preserved over time.

By joining You & I Care, you will have a wonderful opportunity to make a difference.

To join our team:

- Visit www.youandicare.co.uk/recruitment
- Browse all the available opportunities.
- Apply through our recruitment management platform.

YOU & I CARE'S NETWORK OF LOCATIONS

You & I Care provides high quality home care services in areas including Brentwood, Chelmsford and Surrey. In all these areas, You & I Care maintains physical Locations for ease of management, monitoring and quality assurance.

Brentwood:

Address: Jubilee House, 3 The Drive, Great Warley,
Brentwood, CM13 3FR
Tel: 01277725113, Email: info@youandicare.co.uk

Chelmsford:

Address: 4th Floor, Victoria House, Victoria Road,
Chelmsford, CM1 1JR
Tel: 01245707698, Email: info@youandicare.co.uk

Surrey:

Address: Dorset House, Regent Park, Kingston
Road,
Leatherhead, KT22 7PL
Tel: 01372824668, Email: info@youandicare.co.uk